What is Claimed

A system for onsite backup of internet-based data comprising:

a central computer;

a client computer;

a communications link between said central computer and the Internet;

a communications link between said client computer and the Internet;

at least one database containing a plurality of data records accessible by said central computer, each data record containing a client identification number; software executing on said central computer for receiving a data

backup request;

software executing on said central computer for transmitting said data backup to said client computer.

- 2. The system of claim 2 further comprising of software executing on said client computer for storing said data backup in a location accessible to said client computer.
- 3. The system of claim 2 further comprising of software executing on said central computer for retrieving said data backup.
- 4. A system for onsite backup of internet-based data comprising:
 - a central computer;
 - a client computer;
 - a communications link between said central computer and the Internet;
 - a communications link between said client computer and the Internet;
- at least one database containing a plurality of data records accessible by said central computer, each data record containing a client identification number;

software executing on said central computer for receiving commands from said client computer;

software executing on said central computer for receiving data from said client computer;

software executing on said central computer for storing said received data in said database;

software executing on said central computer for generating a data backup request form;

software executing on said central computer for transmitting said data backup request form through the internet;

software executing on said central computer for receiving a reply to said data backup request form;

software executing on said central computer for transmitting said data backup to said client computer.

- 5. The system of claim 4 further comprising of software executing on said client computer for storing said data backup in a location accessible to said client computer.
- 6. The system of claim 4 further comprising of software executing on said central computer for retrieving said data backup.
- 7. A system for onsite backup of internet-based data comprising:
 - a central computer;
 - a client computer;
 - a communications link between said central complyter and the Internet;
 - a communications link between said client computer and the Internet;
- at least one database containing a plurality of data records accessible by said central computer, each data record containing a client identification number;

software executing on said central computer for receiving commands from said client computer, for receiving data from said client computer, and for storing said data in said database;

software executing on said central computer for receiving a data backup request and for receiving a data format conversion request;

software executing on said central computer for retrieving said data from said database and for converting said data to a format corresponding to said data format conversion request;

software executing on said central computer for encrypting said data backup;

software executing on said central computer for transmitting said data backup to said client computer; and

software executing on said client computer for decrypting said data backup.

- 8. The system of claim 7 further comprising of software executing on said client computer for storing said data backup in a location accessible to said client computer.
- 9. The system of claim 7 further comprising of software executing on said central computer for retrieving said data backup.

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